

# ~ The Virtuous Woman ~

## (An Inner Beauty Makeover)

*“Who can find a virtuous woman? For her worth is far above rubies.”*  
*Proverbs 31:10*

*As you study about virtue this week ask the Lord to speak to your heart and show you how you can become a virtuous woman.*

1. Look up the word “**virtuous**” in a dictionary and write its definition.
2. Read **Galatians 5:16-26**. From verses 22-23, list the characteristics described that should come from our lives as we are being turned into a “*virtuous*” woman.
3. From **Proverbs 31:10-31** write down the characteristics of this woman’s life that led her to be called “*virtuous*”.



7. In our study last week, we learned that it is only by having a personal relationship with Jesus Christ that we can become the woman that God intended for us to be, which is to be like Christ. All of the above characteristics of a virtuous woman come from a life fully surrendered to the Lordship of Jesus Christ.

A. Which areas in your life do you need to work on to help you become a woman of greater virtue?

B. What practical ways can you do this?

8. From **Galatians 5:22-23** write at least one practical way you can demonstrate virtue this week in your home.

**Love ~**

**Joy ~**

**Peace ~**

**Longsuffering ~**

**Kindness ~**

**Goodness ~**

**Faithfulness ~**

**Gentleness ~**

**Self-control ~**

9. According to the Scriptures below, how is virtue or godly character developed in our lives?

**Romans 5:1-5**

**2 Corinthians 4:17**

**Hebrews 12:11**

**James 1:2-4**

10. Can you share a time when a trial resulted in glory, perseverance, character and hope, and has made you more like Christ?

*We are to spend more time and effort on cultivating our inner spiritual beauty than on our external beauty. Ask the Lord to do an “inner beauty makeover” on you this week. Give Him the time to show you areas that need to be changed. Give Him time to work in and through your life to make you into a beautiful, virtuous woman.*