

## ~ Deceitfulness of Charm ~

*“Charm is deceitful and beauty is passing...”*  
*Proverbs 31:30*

1. Use a dictionary and define **vanity** and **modesty**.
2. Contrast the difference in how our culture defines **beauty, vanity** and **modesty** with the Bible’s definition. (see **1 Peter 3:3-4**)
3. By what are you influenced when deciding upon a “*certain look*” for yourself?
4. Re-write the following verses in your own words.

**Proverbs 11:22**

**Proverbs 31:30**

**1 Timothy 2:9-10**

**1 Peter 3:3-4**

5. Spend some time alone with the Lord asking the following questions. *Please, understand the purpose of these questions is not for us to come under condemnation, but rather to allow the Lord an opportunity to speak to our hearts. Ask the Lord if there are changes you should make in order for Him to mature you in your walk with Him.*

- Lord, am I spending too much time and money on lotions, ointments and perfumes because of vanity?

- Lord, am I trying to be “beautiful” by the world’s standard? Am I considering plastic surgery, endless beauty treatments and diets to promote an outward, false beauty?
  
  - Lord, am I spending too little time with You in trying to seek a real beauty only You can provide?
  
  - Lord, who am I trying to please by my appearance; my husband, myself, or other people?
  
  - Lord, are You pleased with my clothing choices? Does the way that I dress cause men to stumble or think impure thoughts? Are my clothes too tight, too low, too “anything”, Lord?
  
  - Lord, what about my children? Am I instructing them about modest dress and attitudes? Do I give in to their begging for the latest fashion, even if I am aware that it’s questionable?
  
  - What about quantity Lord? Am I buying an unnecessary amount?
6. Looking at **1 Peter 3:3-4** again, write what you believe the Lord is speaking to you concerning each phrase of this verse.

*Let it (beauty) be the hidden person of the heart...*

3/11/03

*With the incorruptible beauty of a gentle and quiet spirit...*

*Which is very precious in the sight of God...*

*~ Selah ~*