

The Proverbs 31 Wife & The Shulamite

*Before you begin your lesson prepare your heart in prayer.
Ask the Lord to open His word to you, to make you teachable and to
help you understand and apply the Scriptures to your own life.*

~The Proverbs 31 Wife ~

Read Proverbs 31:10-31

1. *What is the worth of a virtuous woman according to God's Word?*

2. *What word describes her husband's trust toward her?*

A. *Look up the describing word and write its definition.*

B. *What is the benefit?*

3. Write out verse 12 and then explain what it means to you to do your husband good and not evil all the days of your life.

4. Read verses 13-31. What words would you use to describe this woman?

A. Which of these qualities would you like the Lord to work into your life?

5. How do these qualities make a good marriage better?

6. *Notice in verse 22, she makes herself attractive, are you still making yourself attractive to your husband as in your courtship days?*

Take a personal inventory: ask your husband what he likes you to wear, what fragrance he likes best on you, what colors he likes to see you in, what hairstyles he thinks are becoming on you, etc.

7. *We have looked at what this woman physically put on, now what did she spiritually put on in verse 25? Please define.*

A. *What does I Peter 3:3-4 add to this?*

8. *What are the rewards of living the life of a Proverbs 31 woman? (verses 28-31)*

Proverbs 11:13

Proverbs 17:9

Proverbs 17:17

Proverbs 27:6

Proverbs 27:17

Ecclesiastes 4:9-12

- 3. The Shulamite was asked (5:9) why she thought her husband was such a hunk and then describes his physical attributes in 5:10-16. When was*

the last time you thought how handsome your husband is and then told him so?

- A.** *On the attached paper write your husband a love letter and tell him what a hunk you think he is!*

Now let's go back to the beginning of the Shulamite's romance...

- 4.** *Chapters 1 and 2 talk about the Shulamite's courtship. (also see 4:12) What benefits do you see in keeping proper boundaries in a relationship before marriage?*

- 5.** *How does the Shulamite respond in 4:16 when she is finally able to give herself to her husband?*

- A.** *How is this a picture of what God intends for the marriage bed? Also read Hebrews 13:4a.*

6. *What problem arose in 5:2-8?*

7. *What does the Word of God tell us in I Corinthians 7:1-5 concerning intimacy in marriage?*

8. *As you look at the intimacy of your marriage, has the Lord brought anything to your mind that needs changing?*

The Shulamite realizes her failure (5:5-8) and then is reunited with her husband and their intimacy is restored (chapters 6 and 7).

- A.** Out of love and obedience to the Lord and to your husband, are you willing to make any necessary changes?

9. What has the Lord spoken to you through this study in your role as a:

Wife

Friend

Lover