

# Mentoring

Titus 2:3-5

*Before you begin your lesson, prepare your heart in prayer.  
Ask the Lord to open His word to you, to make you teachable, and to  
Help you understand and apply the Scriptures to your own life.*

1. Read Titus 2:1-5

"Titus was to encourage these older women to develop a ministry of teaching younger women **what is good**. Younger women with children were to keep their primary focus at home, but the older women would do well to reach outside their homes and share what they had learned with those who would profit from it the most."

The Bible Knowledge Commentary by Walvoord and Zuck

2. List and define the character of the older woman and the example she should set.

3. List the things the older women are to teach (admonish) the younger women.

4. How can you practically teach each of these things to other women?

*The following questions are taken from the book Between Women of God: The Gentle Art of Mentoring by Donna Otto.*

From chapter one:

- 1) In an average week, how much time do you spend with other women?  
Where do you see them? What do you do when you're together? What do you especially enjoy about friendships and contact with other women?

- 2) In a sentence or two, state your reaction to God's commands to you in Titus 2:3-5.

From chapter two:

- 1) Do you seek out younger women? Why or why not? If so, what kind of relationships with younger women do you currently enjoy?  
What kind of relationship with younger women do you most enjoy?

2) How do you feel about aging? What thoughts do you have about this inevitable and God-ordained process? What is the root of the majority of your thoughts and feelings, positive and negative? How would you respond to this poem?

**I SHALL NOT MIND**

*I shall not mind  
The whiteness of my hair  
Or that slow steps falter  
On the stair,  
Or what strange image  
Greet me in the glass--  
If I can feel,  
As roots feel in the sod,  
That I am growing old to bloom  
Before the face of God.*

3) List ten things you can offer a younger woman. Let "perspective" start off your list.

From chapter three:

1) To what current situation or concern in your life does the statement "Fear not" or "Be not afraid" speak? What about your life and yourself do you find risky to share? What will you look for in a confidante? When you do feel ready to share, pray about your upcoming conversation, and then "Be not afraid"! Taking the risk of being vulnerable and sharing ourselves builds bridges between us and other people that can't otherwise be built.

From chapter four:

1) When you have an opportunity to get to know someone, what interferes with your attempts to make a new friend? What can you do to remove these roadblocks?

2) What makes listening difficult for you? If listening comes rather easily for you, thank God for that gift. If you want to be a better listener, make that a matter of prayer.

From chapter six:

1) When has someone been God-with-skin-and-bones to you? Talk about this person's impact on your life.

2) Are you an "available woman"? Why or why not?

3) *Who are the significant women in your life? What do you admire about them?*

4) *How do you feel about the state of our society and your responsibility to the next generation?*

From chapter seven:

1) *What comparisons between yourself and other women do you find yourself making most often? Why do you think you are especially sensitive about that/those trait(s)?*

2) *What can you do to change your habit of making comparisons? How can God's Word and His Spirit help you change your pattern of thinking about yourself? What is the first step you will take toward freedom from comparing yourself to others?*

From chapter nine:

1) We are called to be stewards of our time as well as our treasures and our talents. How are you spending your days? What does last week's calendar reveal about your priorities? What good things did you do? What better things could you have been doing?

2) How do you usually respond to someone who is slow to catch on to what you are saying or teaching? How would you like to respond to a slow student? How would Jesus want you to respond--and how can He help you do so?

From chapter ten:

1) Write a letter to the Lord and tell Him what you hear as His call to you personally in Titus Two, your concerns about responding to that call, and your hopes for a ministry of coming alongside a woman of God to share your knowledge of Him. Let this letter be a prayer as well as a touchstone for you in the future when you are being a Titus Two woman.